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TRAVEL: WHY YOU SHOULD SEE BRAZIL IN 2014

PAGE 27

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Tuesday, January 14, 2014 www.metro.us | t: MetroNewYork | f: MetroNewYork

'Beastie Boys Square' vote set

PAGE 04

A year's worth of subway reading

PAGE 25

A-Rod files suit over suspension

PAGE 33

Piercing talent. A Brooklyn tattoo artist is one of a few in the city that uses the ancient tebori system of inking. **Flesh art.** The technique involves using a bamboo shoot or rod instead of a machine to insert the ink. PAGE 02

His art on your sleeve

Brooklyn tattoo artist Takashi Matsuba uses the nomi or pointed rod on one of his clients during a recent session. / AYMANN ISMAIL, ANIMAL NEW YORK

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NEWS

Top 3

Trending online at Metro.us

1 'Watch: The first 'Game of Thrones' Season 4 trailer is out'

2 'VIDEO: Watch the first two episodes of 'Girls' Season 3 on YouTube'

3 'VIDEO: 'Price is Right' contestant accidentally tackles announcer'

Quoted

"My only beef is that he ate all the cookies."

Cardinal Timothy Dolan on his visit with Mayor Bill de Blasio

NYC tattoo artist uses ancient skin art method

Takashi Matsuba tattoos a client using tebori at his studio in Brooklyn. / AYMANN ISMAIL, ANIMAL NEW YORK

Fresh ink. The Brooklyn resident is one of a dwindling number who knows the Japanese tattoo technique.

Tebori is Japanese for "hand-carved." It refers to a Japanese method of tattooing by hand using a sharpened bamboo stick called a nomi. Holding the nomi like a pool cue, the artist inserts the ink with a repeated stabbing motion.

Only a few people still practice the art of tebori in Japan and even fewer practice the art form in New York, according to Brooklyn tattoo artist Takashi Matsuba. He said there is only one other tebori artist beside himself in the city.

No pain, no gain

Many people in Japan associate tebori tattoos with people that belong in the Yakuza or Japanese mafia, according to Matsuba.

- He said that he finds the sound of the nomi needle piercing flesh "soothing."
- Although the art form is rare, Matsuba said he doesn't have to do much to draw a clientele. His artist's studio doesn't have a sign and he does no advertising.
- "Usually, people email me first," Matsuba said. "Then I choose a customer."

Ancient art

"When you are young, you don't care. I was tattooing [myself] once every two days."

Takashi Matsuba
on his apprenticeship

Matsuba began his career as an apprentice. He said that he used to practice on his own skin.

Before a client arrives for his session, Matsuba will mix his inks. The inks are one way to distinguish a tebori tattoo from one made by machine. Most tattoo shops are limited to what's commercially available. "We make our ink ourselves," Matsuba said.

He also makes his own nomi. Matsuba used to work with a simple piece of sharpened bamboo, which is more traditional, until he was forced to switch. "In the United States, you can't use it because of the health department," he said.

His client on this particular day requested a tattoo of a chrysanthemum. That's all the input the client of a horishi — Japanese for "trained artist" — will typically be allowed to give. Matsuba creates the outline and picks the colors.

He outlines the tattoo with a tattoo machine. Matsuba thinks tebori's chief strength lie in shading and gradation. For the black outline, the machine works just as well.

The rest he pokes by hand. He dips the nomi in the colored ink, poking the skin with a quick rhythm. A tattoo machine's electric hum masks the sound of needle piercing flesh, but the sound of Matsuba's needles is plainly audible.

Tebori is thought to be more painful than machine tattooing, but Matsuba disagreed. A skilled tebori artist can work as fast as a machine, and the amount of pain comes down to the artist, not the method. "If you're trying to get a whole back piece, yes, it's painful," he said. "But the machine is the same. I think the machine is more painful." **TAYLOR WOFFORD**

ANIMALNewYork.com is a website that covers arts and culture in the city.

ANIMAL

Bronx. Assemblyman Stevenson is found guilty in bribery case

A New York state assemblyman was found guilty on Monday on charges he accepted $22,000 in bribes in exchange for official acts, including securing legislation favoring a network of adult day-care centers operated by four businessmen.

A federal jury in Manhattan found Bronx Assemblyman Eric Stevenson guilty of all four counts including conspiracy to engage in honest services fraud and bribery.

A lawyer for Stevenson, a Democrat, did not immediately respond to a request for comment. U.S. District Judge Loretta Preska scheduled sentencing for May 20. **REUTERS**

Subway

Troublesome L train gets real-time estimates

Riders will now be able to find out exactly when the next L train is departing the station. The MTA has announced it's added real-time arrival estimates for trains along the L line to its Subway Time app and website. **METRO**

Underground

Suspect sought in attempted rape on train

Police are searching for a man they say masturbated on a subway train and then attempted to rape a 21-year-old woman last Thursday.

The victim was riding on a northbound 3 train about 4 p.m. when she observed the suspect masturbating, police said. When the woman moved to another car, the suspect tried to rape her, police said. **LAURA SHIN**

The suspect / NYPD

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Lower East Side

Community board to vote on naming 'Beastie Boys Square'

A Manhattan community board will vote Tuesday whether to co-name a Lower East Side intersection "Beastie Boys Square."

A Brooklyn man launched an online petition last fall to co-name the intersection of Ludlow and Rivington streets for the rap group, who featured the same corner on their album "Paul's Boutique."

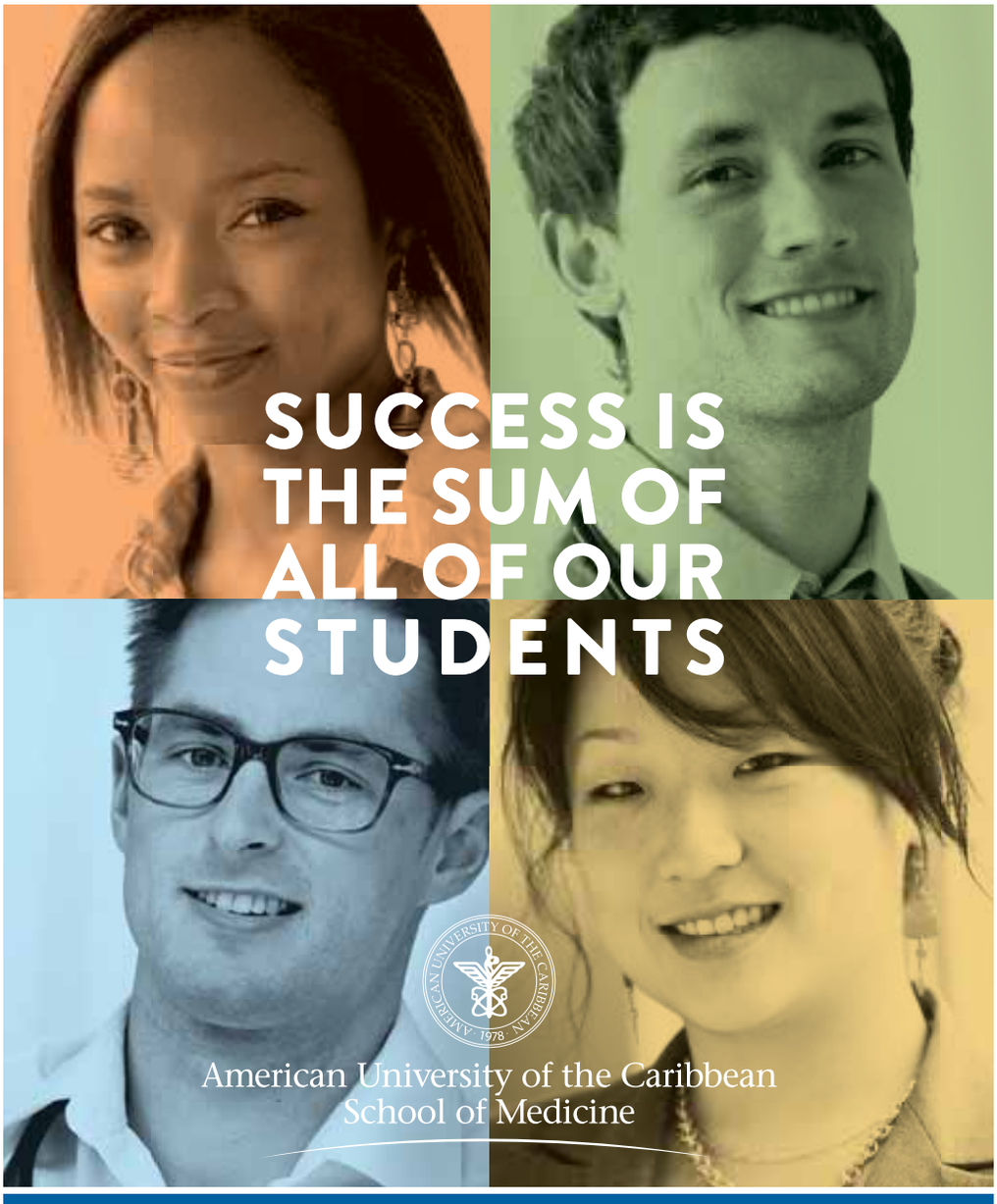
"Paul's Boutique" corner
WIKIMEDIA COMMONS

"The album ... was groundbreaking, and it encompassed these Boys from NYC, rapping about life and times from their point of view," LeRoy McCarthy wrote in the petition, which has more than 1,300 signatures.

Should the measure pass, the City Council must also approve the change.

A Brooklyn Heights park was renamed last year to honor Beastie Boy Adam Yauch, who died of cancer in 2012.

ANNA SANDERS



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Councilman Corey Johnson, right, proposed new fire safety regulations after Javier Morgado, center, created an online petition when his friend died in a Hell's Kitchen blaze. / WILLIAM ALATRISTE

Deadly Hell's Kitchen fire spurs safety suggestions

Change. New safety guidelines were proposed after a man died trying to escape a fire.

A week after a Manhattan man died fleeing a fire with his new husband, friends stood on the steps of City Hall Monday to support safety measures that might have saved his life.

"Today we would be celebrating the six-month anniversary of this couple's wedding," friend Javier Morgado said. "Instead, we're dealing with a tragedy and trying to make something good of it."

Daniel McClung, 27, died trying to escape a fire with Michael Todd Cohen, 32, in their Hell's Kitchen apartment building Jan. 5. The couple fled down a stairwell that firefighters were using to run a hose to put out the flames on a different floor.

The stairwell filled with smoke, killing McClung and critically-injuring Cohen.

Councilman Corey Johnson proposed legislation Monday that would require buildings taller than six stories to have emergency public-address systems in stairwells and hallways.

"This is a common-sense, easy solution to protect lives," Johnson said.

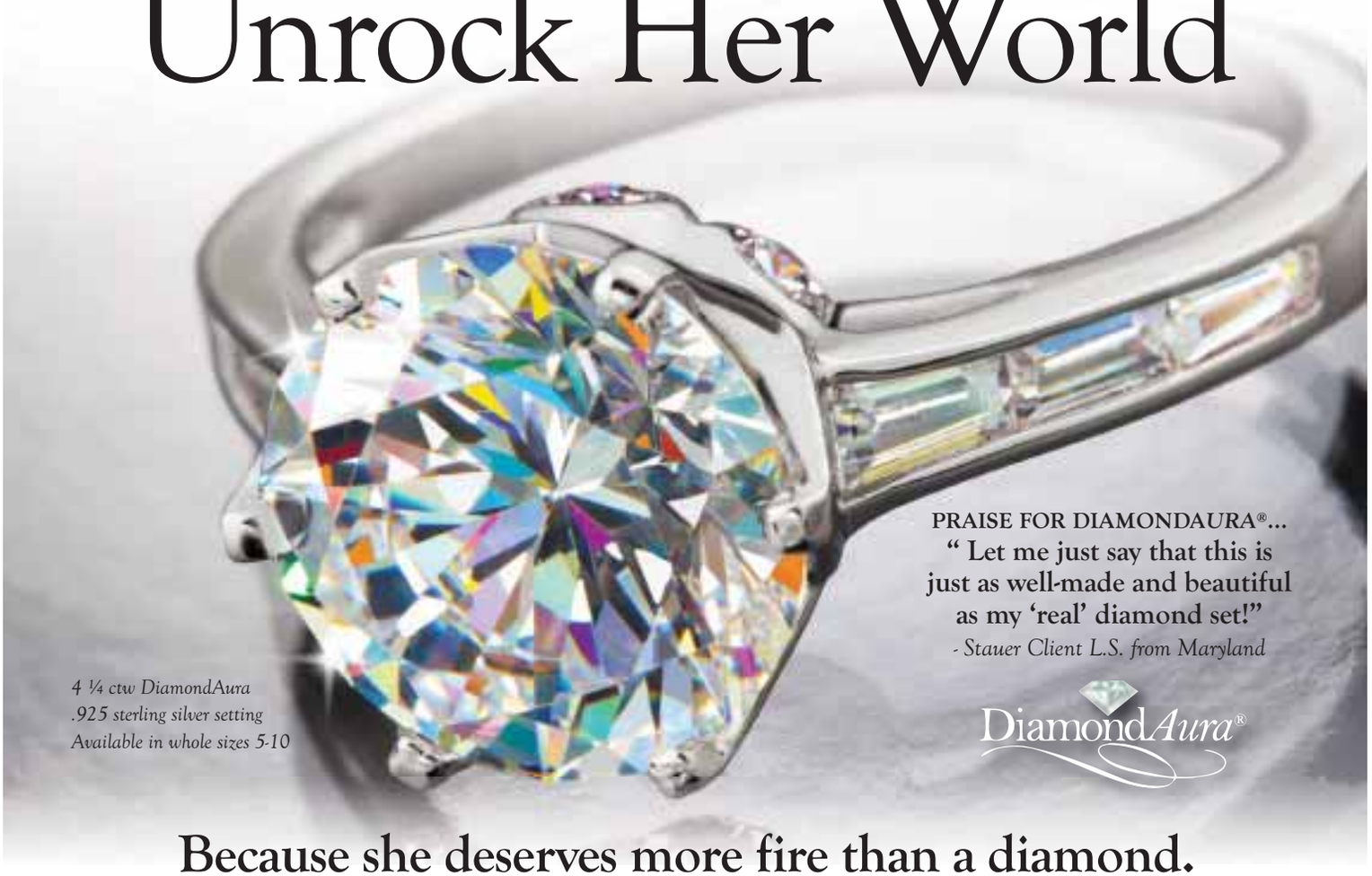
ANNA SANDERS
anna.sanders@metro.us

Legislation

Public-address systems would allow first responders and landlords to communicate better with residents, officials said.

- Public-address systems are now required for residential buildings built in or after 2009 and over 125 feet tall.
- Such a system could have alerted the couple to stay in their apartment.

Unrock Her World



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The company lost several hundred employees in the Sept. 11 attacks. / GETTY IMAGES

By the numbers

$135M

The amount of the settlement between American Airlines and Cantor Fitzgerald

$1B

The amount that Cantor Fitzgerald originally asked for

658

The number of Cantor Fitzgerald employees that died in the Sept. 11 attacks

Cantor Fitzgerald wins Sept. 11 case

Painful memory. The settlement ends a chapter that stretches back more than a decade.

A federal judge on Monday approved a $135 million settlement between American Airlines Group and Cantor Fitzgerald over business and property losses suffered by the financial services company in the September 11 attacks on the World Trade Center, in which 658 of Cantor's employees were killed.

U.S. District Judge Alvin Hellerstein said the agreement, which averts a trial that had been scheduled to begin this month, was "fair and reasonable" at a brief court hearing.

Under the settlement, American's insurers will pay Cantor $135 million, minus approximately $2.5 million from two insurers that are insolvent and cannot cover their share.

The settlement ends one of the last remaining pieces of litigation stemming from the 2001 attacks, which killed nearly 3,000 people.

Cantor lost almost two-thirds of its 1,000 New York employees after American Airlines Flight 11 struck the north tower of the World Trade Center.

In the lawsuit, originally filed in 2004, Cantor accused American Airlines of negligence for failing to prevent hijackers from boarding the flight at Logan International Airport in Boston. At one point, the company had sought more than $1 billion in damages, but the sum was later reduced to between $464 million and $484 million.

No words

"For us, there is no way to describe this compromise with inapt words like ordinary, fair or reasonable. All we can say is that the legal formality of this matter is over."

Howard Lutnick, Cantor Fitzgerald's CEO

American Airlines had said in defending the case that it had no way to foresee the attacks.

The terms of the settlement were first disclosed in December. In a statement at that time, Cantor's chief executive officer, Howard Lutnick, said, "For us, there is no way to describe this compromise with inapt words like ordinary, fair or reasonable. All we can say is that the legal formality of this matter is over."

American Airlines said in a statement that it had defended itself in litigation brought by property owners "who allege that American should have done what the government could not do — prevent the terrorist attacks."

REUTERS

NYC airports see record passengers

New York City airports saw a record number of passengers in 2013, officials announced Monday.

JFK Airport had 50 million passengers, including 26 million international passengers, last year, setting new records, according to the Port Authority of New York and New Jersey.

LaGuardia Airport set a new annual record for most international passengers, with approximately 1.6 million in 2013.

"While the effects of the recession linger for far too many people, we are pleased at the continued growth in passengers at our airports, which means great news on a host of related fronts, but especially for direct and indirect job creation, and our regional economy," Port Authority head Pat Foye said.

Commercial airports operated by the authority in both states set an all-time record with 111.6 million total passengers.

ANNA SANDERS

Friendly skies

JFK Airport saw a total of 50 million travelers in 2013.

- LaGuardia Airport broke a record with 1.6 million travelers.
- The Port Authority said that 111.6 million total passenger flew into airports in New York and New Jersey.

JFK Airport / GETTY IMAGES

Marcos ex-aide gets prison time in stolen art sale

Masterpiece. Vilma Bautista reportedly tried to sell paintings that were bought by her former boss.

Imelda Marcos' former secretary was sentenced Monday to up to six years in a New York prison for a scheme to sell art that once belonged to the former Philippine first lady, including a Claude Monet water-lily painting that netted $32 million.

Vilma Bautista, 75, was convicted in November of conspiracy and tax fraud charges related to the sale or attempted sale of four museum-quality paintings acquired by Marcos during the time her husband, Ferdinand Marcos, was president of the Philippines.

A New York state judge sentenced Bautista to between two and six years in prison for the count of tax fraud and between one and three years for the conspiracy charge.

Bautista, who had faced up to 25 years in prison, was also ordered to pay $3.5 million in restitution to the state of New York. Bautista lives in New York City. **REUTERS**

Imelda Marcos / GETTY IMAGES

Disappearing act

1986

The art disappeared around 1986, when Marcos was ousted from power.

Dolan and de Blasio break bread

Cardinal Timothy Dolan and Mayor Bill de Blasio met for the first time since the election on Monday afternoon. The two talked about the possibility of bringing Pope Francis to New York City, among several other issues. / TWITTER, NYC MAYOR'S OFFICE

Violent attack

Woman, 22, raped in her East Village apartment

A woman was raped in her East Village apartment Monday morning, police said.

The 22-year-old woman was attacked by an unknown man, believed to be in his 30s, in her East Seventh Street apartment around 4:15 a.m. She was taken to Beth Israel Hospital for treatment.

Police are investigating whether a stranger followed the woman into her building and raped her.

The Special Victims Unit is looking for video surveillance that might have captured the attacker and is interviewing neighbors.

Anyone with information is asked to call Crime Stoppers at 1-800-577-TIPS (8477) or submit tips online. **ANNA SANDERS**

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Gov. Christie faces new probe over Sandy funds

Second term. News of the audit arrives on the eve of his annual State of the State address on Tuesday.

Superstorm Sandy slammed into the New Jersey coastline causing approximately $29.4 billion in damage. / GETTY IMAGES

U.S. investigators are looking into whether embattled New Jersey Gov. Chris Christie misused about $2 million in superstorm Sandy relief funds for an ad campaign that put him in the spotlight in an election year, officials said on Monday.

Christie, a likely 2016 Republican presidential contender, is now being audited by the Inspector General at the U.S. Department of Housing and Urban Development, an agency spokesman said.

The probe began after HUD "received a request from Congress," the spokesman said.

"It is inappropriate for taxpayer-funded dollars that are critical to our state's recovery from this natural disaster to fund commercials that could potentially benefit a political campaign," said New Jersey Congressman Frank Pallone Jr., a Democrat, in an Aug. 8, 2013, letter requesting the investigation.

The winning ad, with the tag line that New Jersey was "Stronger than the Storm," aired in the spring as Christie headed into a re-election campaign to win a second term.

Sandy devastated New York, New Jersey and other parts of the East Coast on Oct. 29, 2012. The storm killed at least 159 people and damaged or destroyed more than 650,000 homes, many in Pallone's district on the Jersey Shore, where the storm made landfall.

"Had Governor Christie chosen the less-expensive firm, $2.2 million in federal disaster aid could have potentially been directed elsewhere, for example, to provide 44 Sandy-impacted homeowners $50,000 grants to raze their homes," Pallone said in a press release. REUTERS

Marketing campaign

$25M

The inspector is focusing on a federally financed $25 million Jersey Shore marketing campaign that included a commercial featuring Christie and his family. The ad cost $2 million more than a competing bid without them.

Accountable. Target planning 'significant changes' after breach

Target Corp. plans to make "significant changes" in light of the data breach during the holiday shopping season when hackers stole personal information of millions of customers, the U.S. retailer's chief executive said in an interview with CNBC aired on Monday.

Malware was installed on the company's point of sale registers, Gregg Steinhafel said, and Target was working with law enforcement agencies investigating the breach. REUTERS

Struck down

One dead after Florida movie theater shooting

A man shot two people in a movie theater Monday afternoon in Wesley Chapel, Fla., after an argument about texting, WTSP reported. The shooting happened at Cobb Theater's Grove 16 & CineBistro, and authorities have the suspected shooter in custody.

Officers told WTSP that both victims were airlifted to a hospital, where one victim was pronounced dead.

The Pasco County Sheriff's Office said two couples were sitting in the theater watching "Lone Survivor" when the male victim was texting on his phone.

The man from the couple sitting behind him began arguing with him and then shot the couple in front of him. ANDREA PARK

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Shared priorities

Obama to meet with Senate Democrats

President Barack Obama will meet members of the Senate Democratic majority on Wednesday night on "shared priorities" for the year, a White House official said on Monday.

The meeting comes as Obama prepares for his State of the Union speech on Jan. 28 in which he is expected to promote his ideas for reducing income inequality among Americans.

Obama has also been trying to fend off an attempt by some senators to increase economic sanctions on Iran. He is concerned that increasing sanctions could upset delicate diplomatic efforts over Iran's nuclear program. REUTERS

Chemical spill

Tap water use OK'd in some of West Virginia

West Virginia officials on Monday lifted a ban on drinking or bathing with tap water in some areas of the state hit by a chemical spill that affected hundreds of thousands of people for five days, Gov. Earl Ray Tomblin said.

Consumers in cleared areas should flush out their systems before using water, which had been barred for use except for toilets since the chemical discharge into the Elk River on Thursday, he told a news conference.

"The numbers we have look good, and we are finally at a point where the do-not-use order has been lifted in certain areas," Tomblin said. REUTERS

US justices skeptical about Obama labor board appointments

Posts. The GOP is eager to prevent Democratic presidents from appointing pro-labor board members.

The Senate is presently controlled by the Democrats, but Republicans could win control in November's elections. That would give them the power to reject Obama appointments outright. / GETTY IMAGES

A majority of the justices on the U.S. Supreme Court signaled a willingness on Monday to deliver a blow to President Barack Obama's ability to fill senior government posts without Senate approval, raising the possibility of a shift in the balance of power between the White House and Congress.

A decision is expected by late June in the case in which soda bottler Noel Canning Corp. is contesting a National Labor Relations Board ruling against it, with a win for the Yakima, Washington-based company likely in its challenge to the recess appointments' validity.

At issue is the president's ability to make appointments while the Senate is in recess and what exactly constitutes a recess. The Supreme Court could decide the Noel Canning case in various ways, but even a narrow ruling against the government could be bad news for Obama in the last two years of his term. REUTERS

Skepticism

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Most of the nine justices expressed skepticism about so-called recess appointments made by Obama to the National Labor Relations Board in 2012, although it was not clear how broadly the court would rule.

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Same-sex marriage. Indiana lawmakers consider proposed ban

Indiana lawmakers on Monday were considering a proposed state constitutional amendment to ban same-sex marriage, bucking a trend in the past two years of states, voters and courts allowing gays to marry.

Seventeen states plus the District of Columbia recognize same-sex marriage, while 33 states have banned it by statute, through state constitutional amendments, or both.

Indiana's General Assembly approved the proposed amendment in 2011 and must approve it a second time, in the current session, to put the question to voters in November. The state bans same-sex marriage by statute.

Indiana's House judiciary committee held a hearing Monday on the proposal, sponsored by Republicans who hold a majority in both chambers.

Little more than a decade ago, none of the 50 U.S. states recognized same-sex marriage.

The U.S. high court last year issued two high-profile decisions on gay marriage. One ruling struck down the Defense of Marriage Act, a federal law that denied federal benefits to legally married same-sex couples. The other paved the way for gay marriage to resume in California. **REUTERS**

Quoted

"This issue has been in front of us since 2004, and it is time to bring it to a close."

Rep. Eric Turner, a Republican and supporter of the bill, said Monday at a committee hearing on whether to send it to a full House vote.

GETTY IMAGES

Two die after falling into Chicago river

An effort to retrieve a dropped cell phone ended in tragedy on Monday when a 26-year-old man died after falling into the icy Chicago River near downtown Chicago, and a 21-year-old woman who was with him was presumed dead after also going into the river, police said. Another man who was with the two young adults was pulled from the river by rescue workers and was hospitalized, Chicago Police Officer Mike Sullivan said. The 26-year-old man dropped his phone along the riverwalk north of Chicago's Loop and fell into the water when he went after it around midnight Monday, Sullivan said. REUTERS

Explosive briefs

Underwear bomber's life sentence upheld by US Court

Umar Farouk Abdulmutallab, a Nigerian man who tried to set off an explosive hidden in his underwear while aboard a U.S. airliner on Christmas Day in 2009, on Monday had his life sentence upheld by a federal appeals court.

The 6th U.S. Circuit Court of Appeals rejected arguments by the man known as the Underwear Bomber that the sentence was cruel and unusual punishment, and that U.S. District Judge Nancy Edmunds in Detroit had erred by letting him represent himself at trial despite doubt about his competency.

Abdulmutallab, 27, challenged the sentence despite having pleaded guilty in October 2011, one day after his trial began. **REUTERS**

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Criminalization

Nigerian anti-gay law draws US ire

Nigerian President Goodluck Jonathan signed a bill on Monday that criminalizes same-sex relationships, defying Western pressure over gay rights and provoking criticism from the United States.

As in much of sub-Saharan Africa, anti-gay sentiment and persecution of homosexuals is rife in Nigeria, so the new legislation is likely to be popular. Under existing federal law, sodomy is punishable by jail, but this bill legislates for a broader crackdown. REUTERS

By the numbers

14

The bill, which contains penalties of up to 14 years in prison and bans gay marriage, same-sex "amorous relationships" and membership of gay rights groups, was passed by the national assembly last May but Jonathan had delayed signing it into law.

Large as life in China

Titanic replica to anchor theme park

A life-sized replica of the Titanic will become the centerpiece of a landlocked theme park in China, featuring a museum and a shipwreck simulation to give visitors a harrowing sense of the 1912 disaster.

The Chinese version of "the unsinkable ship," with a price tag of 1 billion yuan and an expected opening date in 2016, will be built at least 930 miles from the nearest ocean. REUTERS

Mideast issues

Kerry to hold talks with Vatican

U.S. Secretary of State John Kerry will travel to the Vatican to meet a top aide to Pope Francis for talks today on the Middle East and other foreign policy issues, the State Department said.

Kerry is to meet Secretary of State of the Holy See Pietro Parolin "to discuss foreign policy priorities, including Pope Francis' vocal leadership on the Middle East peace process, poverty and humanitarian issues," spokeswoman Jen Psaki said in a statement. REUTERS

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4 Ways to make saving a habit

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NEW in the new year

Debt management. Mark Butler, the director of outreach at YouNeedABudget.com shares his tips on becoming richer without even thinking about it.

1 Build momentum with small victories. If you've never been very good at saving money, start small. Pay off a small credit card balance you've had floating around or save up for that new iPad you've had your eye on.

2 Remind yourself of the goal at least once a day. It's crucial that you see saving money as something positive and goal-oriented, not an exercise in self-deprivation. When you're faced with the desire and opportunity to consume wastefully, remind yourself of your goal. That way, you're not depriving yourself of one thing; you're rewarding yourself with another.

3 Use a budget. Next time you get paid, ask yourself, "How much of this money could I set aside to reach my goal?" With a functional budget, you'll have a clear answer in seconds.

4 As you gain smaller victories, scale your goals. Steps one through three will give you those hundred-dollar victories. After you've successfully saved up for the new iPad or paid off that $500 credit card balance that's been nagging you, you can take your saving to another level. Set slightly bigger goals. You've already proven you can delay some gratification — now it's time to beef up your saving power by going for bigger, longer-term goals.

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Turn small talk into big dreams

Chitchat. Turn your face time with industry leaders into future opportunities.

Don't waste the chances you get around campus to get some time with leaders in your field. / STOCKBYTE

Being a college student means you have access to the writers, thinkers and industry leaders who are at the very top of their fields. It's easy to discount these face-to-face opportunities — or even bail on them if there's a pizza party in the dorm — but missing out is unwise. Each new opportunity is an opportunity to make a connection. Follow these rules to turn small talk into your big break.

1 Develop curiosity. Questions are a simple and easy way to get to know someone. However, when you're looking for an opportunity, you want to ask questions that will spark meaningful conversation.

A question is an invitation to engage, so while you're busy not talking, you should come up with questions to ignite interest in your conversation partner and build engagement. At the end of the day, great questions sprout from your genuine curiosity and fascination. They give you a chance to radiate authenticity and drive a conversation. Take cues from your conversation partner. If they seem bored with broad questions, get more specific. If you feel lost, don't be afraid to let them choose the next topic.

2 Showcase your personal brand. Once you've spotted your potential opportunity and confirmed that it matches your skills and experience, it's time to make your move. If the conversation you're having is lively and informal, you can say something direct: "Can I share my thoughts on this?" or "I have some experience in this area."

If you're afraid of coming on too strong, try an indirect approach. Share a relevant personal story that offers some input and demonstrates your skills. Have an anecdote ready, put it out there and listen to what your conversation partner says about it.

Know who you are, what you stand for and what value you bring to the table.

Having a clear sense of your personal brand gives you confidence to display your strengths, talk about your experience and demonstrate your value. Sincere enthusiasm is crucial. Don't try and solve problems that are outside your interests or skill set — not every opportunity is right for you.

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Even the most promising conversation won't lead to a real opportunity without follow-up.

Make sure you've got some way of staying in touch with your new contact once you part ways. You can exchange contact information, find each other on social media or even plan a follow-up meeting right then and there. It takes courage and a firm belief in yourself to carry the opportunity forward.

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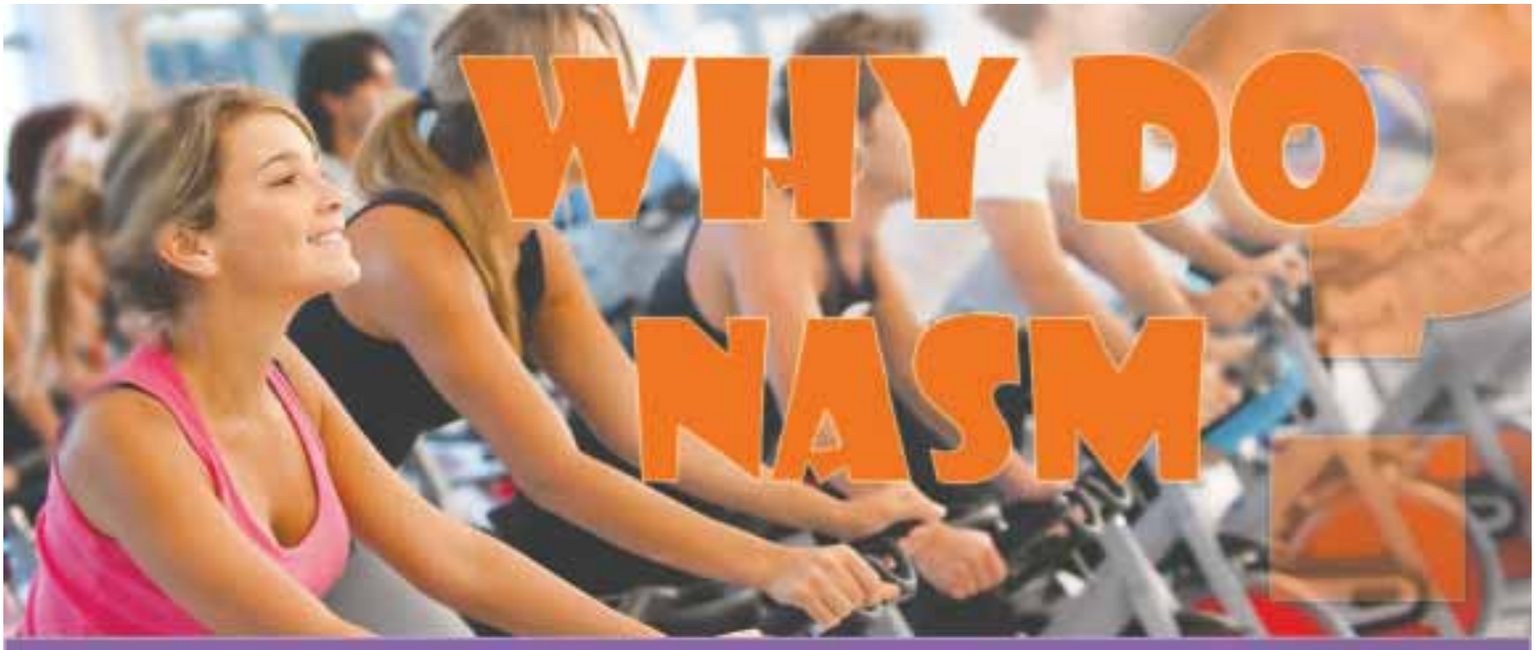

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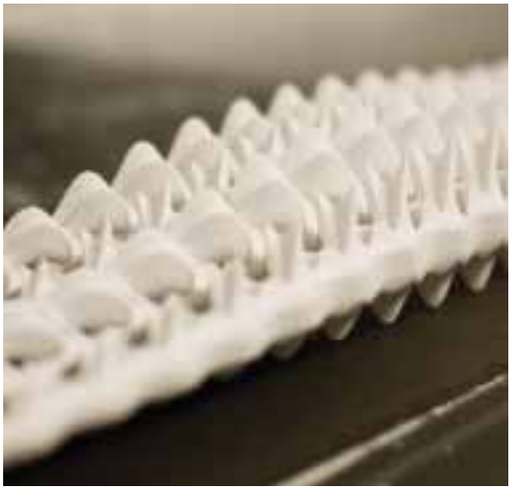

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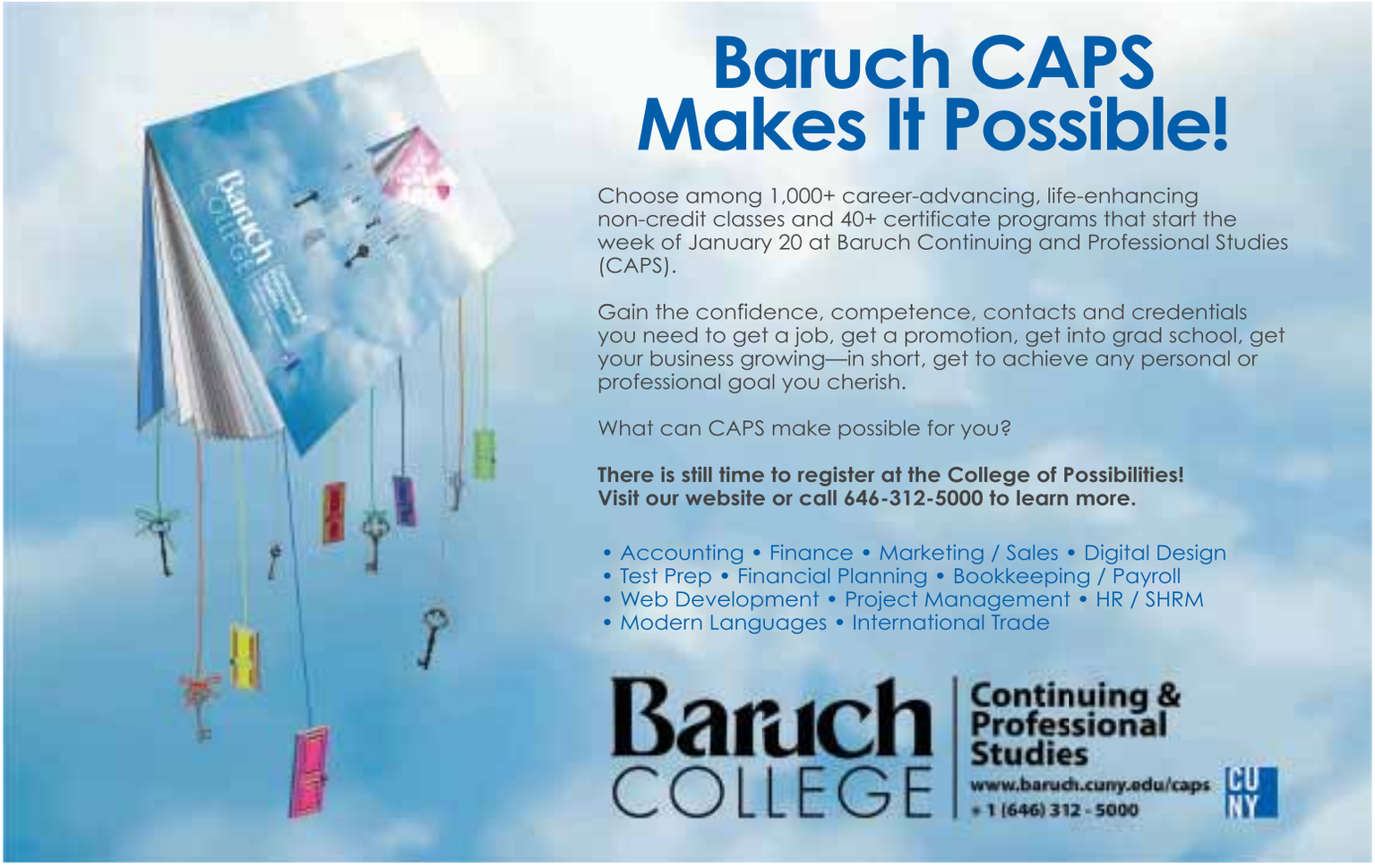

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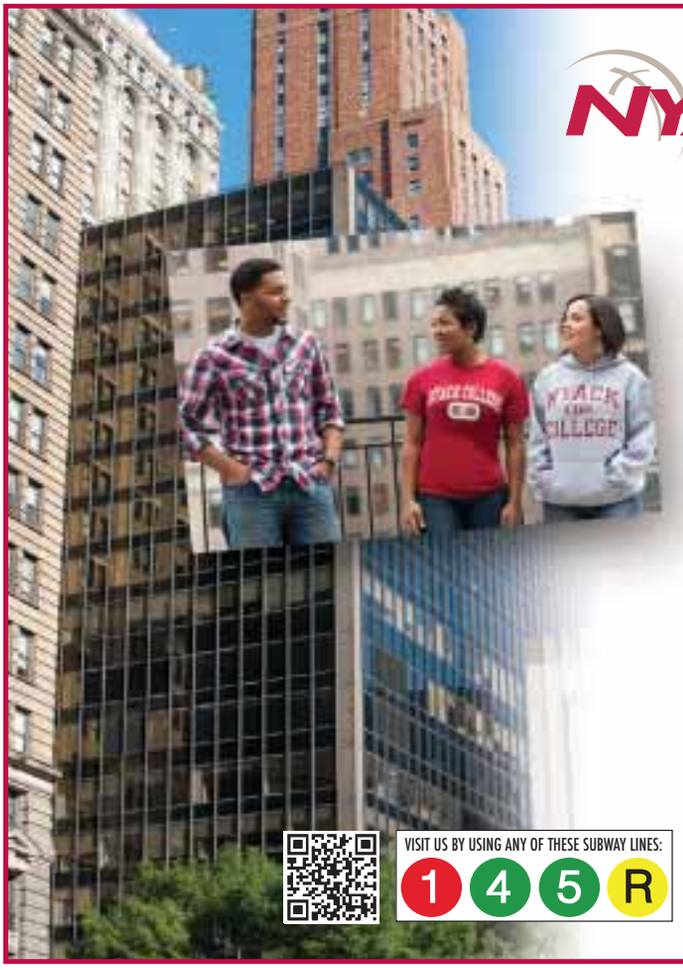

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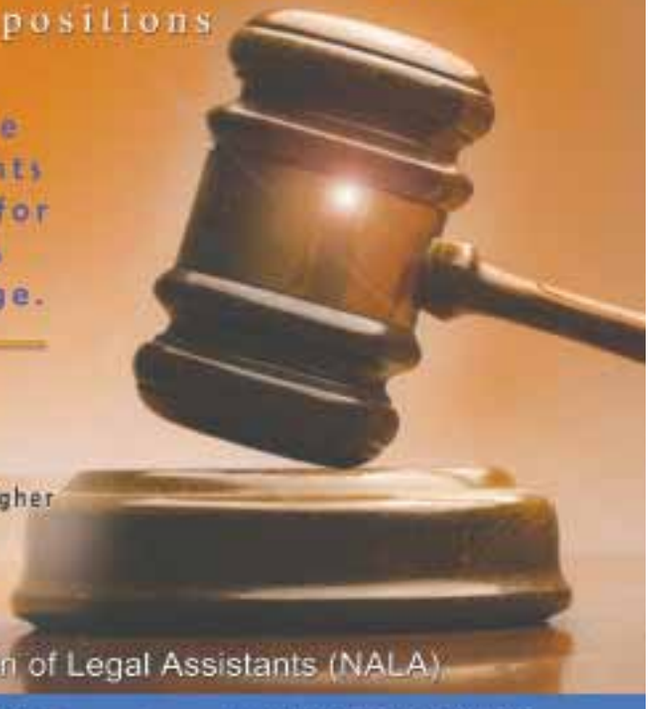

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Clinical Medical Assistant	**M, T, Th**	**2/18-6/9/14**	**6PM-9PM**	**$2,399**

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Anatomy & Physiology (39 hrs)	**M-Th**	**2/24-3/17/14**	**6PM-9PM**	**$275**
Medical Terminology (39 hrs)	**M-Th**	**3/18-4/8/14**	**6PM-9PM**	**$275**
Health Info Mgmt (30 hrs)	**M-Th**	**4/9-4/24/14**	**6PM-9PM**	**$245**
Health Law & Ethics (18 hrs)	**M-Th**	**4/28-5/6/14**	**6PM-9PM**	**$195**
ICD-9 Coding Inpatient (33 hrs)	**M-Th**	**5/7-5/27/14**	**6PM-9PM**	**$255**
ICD-9 Advance Coding (42 hrs)	**M-Th**	**5/28-6/19/14**	**6PM-9PM**	**$295**
CPT-4/HCPCS (42 hrs)	**M-Th**	**6/23-7/16/14**	**6PM-9PM**	**$295**
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Professional/Career Dev (9 hrs)	**M-Th**	**8/14-8/19/14**	**6PM-9PM**	**FREE**

Dental Assistant Certificate Program

(80 hrs + 40 hrs Clinical Externship)

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Dental Assistant	**M, W**	**2/10-5/19/14**	**6PM-9PM**	**$1,299**
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EKG Technician	**Sat**	**2/8-4/12/14**	**1PM-4PM**	**$349**
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Certified Phlebotomy Technician (80 hrs)

Learn the anatomy and physiology of the venous system as well as phlebotomy practices. Perform blood collection procedures including vacuum collection, syringes, butterfly needles, micro hematocrit collection and live venipuncture. *Prerequisite: CNA, LPN or coordinator permission.*

Phlebotomy Technician	**M-Th**	**2/10-3/27/14**	**6PM-9PM**	**$849**

Physical Therapy Aide (50 hrs)

This preparatory program prepares students for the growing field of Physical Therapy. The Physical Therapy Aide is generally responsible for carrying out the non-technical duties of physical therapy, such as preparing treatment areas, ordering devices and supplies, and transporting patients working under the direction of the physical therapist. Furthermore, these workers assist in providing services that help improve mobility, relieve pain, and prevent or limit permanent physical disabilities of patients suffering from injuries or disease. *Proof of High School/GED diploma is required.*

Physical Therapy Aide	**M, W**	**2/10-4/14/14**	**6PM-9PM**	**$999**

Certified Nursing Assistant Program (130 hrs)

This program is a NYS Dept of Health approved training program for individuals seeking employment as nursing assistants in the medical field. Duties: patient care, taking vital signs, catheter care, assisting with ambulation, range of motion exercises, and moving patients to bed and from bed to wheelchair. The course content include: Anatomy and Physiology (50 hrs), Fundamentals of Patient Care (50 hrs) and Nursing Home Clinical Rotation (30 hours). Upon completion, students will be eligible to take the NYS Certification Exam. *Proof of High School /GED diploma is required.*

Nursing Assistant	**M-Th**	**2/3-3/20/14**	**9AM-2PM**	**$995**
Nursing Assistant	**M-Th**	**2/3-4/21/14**	**6PM-9PM**	**$995**
Nursing Assistant	**M-Th**	**3/31-5/13/14**	**9AM-2PM**	**$995**

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2 CULTURE

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
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These Golden Globe dresses have doppelgangers

Is it just us or did a lot of Sunday night's red carpet dresses at the Golden Globes look familiar? Metro did some digging: Here are the results of our sleuthing.

1 Zoe Saldana

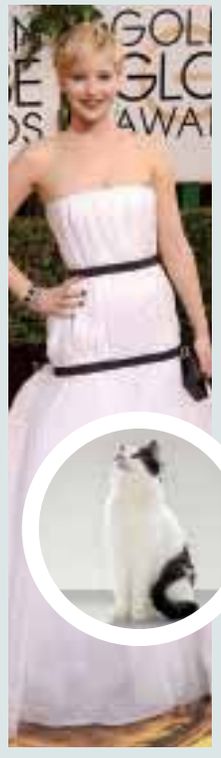
Zoe Saldana's Prabal Gurung gown looked like it was found in the "Friends" costume bin.

2 Drew Barrymore

Drew Barrymore in Monique Lhuillier looked delicious — just like a Krispy Kreme Valentine's Day doughnut.

3 Sandra Bullock

The "Gravity" star's Prabal Gurung dress took inspiration from neon bathing suits from the '80s.



5 Jennifer Lawrence

The Best Supporting Actress winner in Dior was simply purrr-fect.

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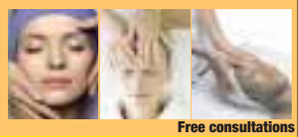

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NEW in the new year

Book club picks for 2014

We rounded up a year's worth of books you'll want to talk about constantly.

EMILY LAURENCE

'The Invention of Wings'

By Sue Monk Kidd

The Quintessential Book Club Pick: Kidd's new book is just as poignant as "The Secret Life of Bees." Alternating chapters between a reluctant female slave owner and her slave, "The Invention of Wings" captures the complexity of black-white friendships during the 1800s and how difficult it was to be a woman — of any race during that time. (see page 26)

'Soy Sauce for Beginners'

By Kirstin Chen

The Reinvention Story: Virtually everyone will be able to relate to the protagonist in this new novel. Gretchen does her best to pave her own path instead of doing what her family expects, which in this case is joining their soy sauce business. But after her marriage falls apart, she finds herself back home in Singapore doing exactly that.

Hillary Clinton's memoir

The Political Read: It doesn't even have a title yet, but everyone is already talking about the memoir Hillary Clinton is releasing in June. The maybe 2016 presidential candidate will reveal personal and political stories about her years as the Secretary of State. Debate her foreign policy and make predictions about her future with your political-junkie friends.

'Side Effects May Vary'

By Julie Murphy

The YA Pick: Due out in March, "Side Effects May Vary" features a 16-year-old diagnosed with leukemia with slim chances of survival. Don't worry, it gets more uplifting. She makes a bucket list of all the wrongs in her life she wants to set right before she dies. Then she goes into remission and must make good on her commitment. And there's a romance too, of course.

'Everyday Is for the Thief'

By Teju Cole

The Impressive Read: What started as a travel blog turned out to be Cole's next book (out in March). He returns to the open-air marketplace of Lagos, Nigeria, where lying and tricking others is the only way to live. Capturing the complexity of both loving and hating where you're from, everyone will be talking about this book in 2014.

'To Rise Again at a Decent Hour'

By Joshua Ferris

The Social Commentary: If you loved Dave Eggers' "The Circle," you'll devour Joshua Ferris' newest, out in May. The novel is about a guy named Paul who gets impersonated online. But as Paul follows the fakery on Facebook and Twitter, he starts thinking this Paul is better than the real thing.

'Not That Kind of Girl'

By Lena Dunham

The Feminist Read: Dunham reportedly received $3.7 million for her advice book, due out in October, so let's hope she's doling out golden gems of wisdom. Using her signature style of retelling traumatizing tales from her own life, you'll undoubtably feel a bit better about your own. Chapter topics you can expect to discuss over wine are virginity, eating and good old self-respect.

'Thirty Girls'

By Susan Minot

The Global Awareness Read: Out next month, Minot's gripping novel weaves together the stories of a Ugandan teen abducted by the Lord's Resistance Army and an American journalist covering the war. The war tests both women in devastating ways that will make you flinch, but you won't be able to stop reading. Minot intertwines their vastly different tales to tell a story of struggle and what it takes to survive.

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SUE MONK KIDD SPENT THREE YEARS RESEARCHING BEFORE SITTING DOWN TO WRITE "THE INVENTION OF WINGS." ROLAND SCARPA

Sue Monk Kidd revisits racism in new novel

Interview. We talk with Kidd about her latest book, "The Invention of Wings."

Alternating chapters between Sarah Grimke and her slave Hetty, "The Invention of Wings" captures the complexity of interracial friendships during the 1800s. In our conversation with the novel's author, Sue Monk Kidd, she tells us about the real-life Sarah Grimke and the tough times for women of all races:

Grimke was a real civil rights activist. What was it like discovering her story and the fact that she's been overlooked historically?
It was definitely a surprise. I think she fell down a big crack in history and honestly, I imagine a lot of women fell in that crack.

It doesn't sound like it was a good time to be a woman — black or white.
Exactly. That's one of the things I want people to take away from the book: how far we've come and how some of the greatest movements of the 20th century grew out of movements in the 19th century.

I like that Grimke and Hetty's friendship isn't perfect. At times it felt strained and I think that made it so much more real.
That aspect challenged me a lot. It is not an equal relationship, and guilt operates hugely on Sarah's part. I wanted very much to show that complexity and, at the same time, show that a friendship was possible.

EMILY LAURENCE
emily.laurence@metro.us

Q&A

On slavery

Was there anything about slavery you found especially upsetting when you were doing your research?
Everything I discovered was upsetting. There is a certain familiarity we think we have about slavery, but sometimes familiarity creates distance, which is not a good thing. It needs to be disturbing. The most disturbing thing I discovered was the work house. There were these houses [that slave owners] could pay to have their slaves worked, abused and controlled.

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Where to travel in 2014

Destinations.
From beaches in Brazil to escapades in Ethiopia, these are the must-visit places for the year ahead.

Need inspiration for your travels in 2014? The Fodor's Travel 2014 Go List highlights 25 can't-miss places. The list incorporates everything from emerging destinations to noteworthy events and great values around the world.

See Chicago from a different angle this year. / GETTY IMAGES

Emerging hot spots: Try these locales in 2014.

Cartagena, Colombia

After years of caution, tourists are now flocking to this stunning, historic walled city on the Caribbean coast of Colombia, which is experiencing a renaissance thanks to a cleaned up and stabilized economy. Direct flights from the East Coast and a boom of new luxury hotels make the trip easier than ever, and there's plenty to explore, from art galleries featuring work by local and international artists, to restaurants serving the freshest seafood and salsa dancing till the wee hours.

Ethiopia

Ethiopia is a cultural and historical treasure chest just waiting to be explored, complete with nine UNESCO World Heritage sites. Convenient and affordable flights connect its capital city, Addis Ababa, to the famous churches of Lalibela (dubbed "the second Jerusalem"), the colorful Lake Tana Monasteries and extraordinary Blue Nile Falls.

Bhutan

This tranquil kingdom in the Himalayas has only allowed tourism since 1974. But, those travelers willing to go the extra mile are rewarded with a traditional Buddhist society that also has embraced modern luxury and high style. Only two airlines are allowed to fly here, so the country remains difficult to reach, and that exclusivity is part of its allure.

Value destinations for travelers on a budget

Chicago

2014 marks the 100th anniversary of Wrigley Field, but the festivities aren't the only reason to visit. Chicago's star continues to rise thanks to culinary hot spots like Next and Alinea, exclusive bars like The Aviary, boutiques like Ikram (a favorite of Michelle Obama), and the nation's largest bike share program.

Douro, Portugal

One of the world's oldest wine regions and a UNESCO World Heritage site, the Douro Valley remains one of Europe's lesser-explored gems, but that may change soon. Recent awards for the country's wines, especially the affordably priced, deep, rich Douro reds and effervescent Vinho Verdes, have spurred renewed interest in the region. In addition to wine tasting, explore Porto, Portugal's famed second city perched on the ocean's edge.

Vienna

This classic European city mixes Austria's impressive history with modern attractions, rich arts culture and vibrant wine scene. Visit the new pedestrian "Golden Quarter," watch dancing horses perform at the Spanish Riding School (the world's oldest equestrian academy) or sip a glass of Viennese wine to experience why Vienna claims to be Europe's hottest wine destination.

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Events

This year is the time to visit these spots for noteworthy special events.

Antarctica

Antarctica's stark and sometimes dangerous beauty and engaging wildlife make it one of Earth's last untamed frontiers — and irresistible to explorers and travelers. Next year marks the 100th anniversary of Sir Ernest Shackleton's dramatic Imperial Trans-Antarctic Exploration, making 2014 the perfect time to consider an Antarctic cruise. Climate change is altering the continent, and this journey of a lifetime is a unique way to appreciate Earth's fragility.

Prince Harry just returned from Antarctica — are you next? / GETTY IMAGES

Brazil

Expect an all-out party when the World Cup returns to this soccer-crazed country — hundreds of thousands of visitors will descend for the event, looking to cheer on their national teams in 12 host cities. More than 150 new hotels have opened in preparation, and the foodie scene continues to boom. In between matches, trek through the rain forest, ride into Iguacu's waterfalls or enjoy a relaxing afternoon on Rio's beaches.

Scotland

Scotland invites everyone with Scottish roots to come experience its rich culture for 2014's Homecoming, including a yearlong calendar of activities from caber tossing at the Highland Games, to a re-enactment of the medieval Battle of Bannockburn, plus music, theater and dance festivals. Glasgow hosts the Commonwealth Games in July, and the Ryder Cup returns to Gleneagles in September.

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HomeAway
HomeAway, Inc. is the world's leading online marketplace for the vacation rental industry.

3 Winter boots for icy weather

1 Aetrex Bungee boots in Gooseberry

Aetrex's Berries collection is created with advanced waterproofing technology, memory foam insoles and Neoprene insulated linings that allow you to keep your New Year's commitment of walking to the farther subway stop even when temperatures hit below 10 degrees. **$129.95, www.aetrex.com**

TINA CHADHA

2 Sorel Joan of Arctic Premium boot

Sorel's luxe waterproof full-grain leather boots come with a built-in removable, recycled felt inner boot to ensure that your feet stay warm, dry and comfy even when trekking in icy conditions. The faux fur snow cuff adds a fancy touch to your bundled up look. **$195, www.sorel.com**

3 Pajar Moscou boot

If you recently took a spill on the black ice-covered streets, you know the importance of having boots with traction. Pajar Canada's ice gripper boots include retractable ice picks on the outsoles for traction in ice and snow. The boots are waterproof and guaranteed to keep you warm even when it's -4 F. **$175, www.pajar.com**

Replace candy with fruits and nuts when that 4 p.m. hunger pang hits. / PROVIDED

The bad office beauty habits to break in 2014

New you. Before you put your new fancy moisturizer into play, start with these tweaks to your routine.

All of the pricey face cream in the world can't save your face and body from the following common pitfalls we all succumb to during the work day. So we enlisted some of the best skin, diet and posture experts around to talk us through how to pull our acts together for the new year by quitting all of those deceptive, damaging habits we indulge in during the work day.

Leaning in causes poor circulation, hunchback

"The desk is often the unmovable object, so you'll have to set yourself up around it," says physiotherapist Cheyne Voss. "Your elbows should be at a 90-degree angle as you type, your screen should be an arm's length away and eye level and your feet should be planted firmly on the ground for stability (use a shoebox if your feet are hanging in the air). Your knees should also be at a right angle because your spine will curl under if you let them come above your hips," he explains.

Acne

The 'I'm thinking about it' chin rest

You're sitting at your desk, mulling over an email, and ponderously propping your head up with your hand. Bad idea. "Touching your face with dirty hands is terrible, but if you're going to do it anyway, make sure they're always clean," says Anne Hathaway's facialist Su-Man. "Wipes are easy, but not OK — they're loaded with chemicals and these are going straight onto your skin. You'll end up with blackheads."

Make sure your hands are clean. / FIONLINE

The sugar run means wrinkles

Sugar has a tendency to age skin with the efficiency of the hottest tanning bed. "You're better off snacking on something sweet, but nutrient-rich. Have a handful of mixed nuts or fresh berries," says Lee Mullins, director of personal training at Bodyism Body Clinic in London.

The space heater equals dry skin

The office isn't warm enough, so you turn on the space heater, which in turn sucks your skin dry. "Keep a glass of water on your desk so that when it evaporates, it keeps the air around you moist," says Su-Man. "You can also re-apply your moisturizer midway through the day. Just know that using rich products on your face is like eating rich food all the time. They suffocate your skin. A face cream should be light and easy to absorb," she adds.

The pre-meeting adrenaline rush can block pores

"Stress can cause vitamin and mineral depletion, so mix a vitamin powder containing ingredients such as magnesium, vitamin C, zinc and vitamin B12 to your water," say Sarah Kugelman, the founder of skyn ICELAND. "Stress can also increase sebum production, which can trigger acne," she says. To prevent breakouts, Kugelman says, "Carry an anti-blemish gel in your bag."

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Alyson Hannigan talks parenting freak-outs

"It's so easy to take a photo with your kids, and now that simple act can help others," Alyson Hannigan says of Smiling It Forward. / PROVIDED

Parenting. The 'HIMYM' star reveals which one of her co-stars is good with kids — and who wants to run away from babies.

"How I Met Your Mother" star Alyson Hannigan freaked out when her oldest daughter — Satyana, now 4 — started teething. "I had no idea what was wrong," she tells us. "She was just crying all the time and miserable. I took her to the pediatrician and he literally told me all I had to do was give her some Tylenol and it would take her pain away. It was that easy."

It's part of the reason why she teamed up with the medicine brand for Smiling It Forward. Parents can upload a photo of their little one to www.SmilingItForward.com, and for each photo uploaded Tylenol will donate $1 to the Children's Health Fund, a national nonprofit that gives free healthcare to kids who need it. We talked to Hannigan about some of the other surprises — besides teething — parenting brings.

You have two daughters, Satyana, 4, and Keeva, 1. What is Satyana into right now?
Oh, goodness. Right now, we're very crafty because of the holidays. We've been crafting a lot of decorations. And she loves it when I read to her. The girls have gotten to the point where they play together, which is so heartwarming. Sati also picks out all her own clothes, which is very colorful.

That must be interesting.
Oh, yes. It's always very interesting and very bright. She's pretty disappointed if I wear black. I finally got away with it by saying, "You know sweetie, black is all the colors — I'm wearing them all!"

Who do you go to and trade parenting advice with?
I talk to the other moms at my daughter's school and my best friend, Pamela Fryman, who is the director of "How I Met Your Mother." She's a fantastic mom. Her daughters were 12 when I met them and now they're 21. I'm always asking her for advice.

Which one of your co-stars is the best with kids?
Cobie [Smulders] is unbelievable. She's really fun and the kids fall for her. Jason [Segal] is sort of scared of babies, but he's good. He's just scared of touching them. He likes to keep his distance, but he's really good with them.

EMILY LAURENCE
emily.laurence@metro.us

New for kids

Aden + Anais launches bubble bath

Add some extra giggles to bath time. Mom-approved baby brand, Aden + Anais — a fave of the royal family's — just launched a new addition to their Mum + Bub skin care line: bubble bath.

Like the rest of their Australian Sandalwood scented bath collection, the bubble bath checks off just about every requirement on mom blogs. It's tear-free and free of sulfates, DEA, betane, phosphates, phthalates, parabens, synthetic dyes, harsh chemicals, gluten and soy.

So go ahead fill the tub and get ready for a glee-filled session of splashing. **TINA CHADHA**

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The best new Netflix picks for kids

Netflix recently dumped and added a bunch of new titles, which is good news for parents who are are stuck at home with their kids. Save yourself the trouble of scrolling through all the options with our list of the best movies and shows for your kids to watch.

EMILY LAURENCE

Best animated movie

1 'Snow Queen'

If your kids absolutely loved "Frozen," they'll enjoy this movie, revisiting the idea of an endless winter.

Best action pick

2 'Turbo Fast'

Netflix has a knack for creating pretty amazing original content, and they just released a new series for kids. "Turbo Fast" follows a team of funny stunt cars whose jokes and action-packed episodes will keep your kids entertained all day.

Best for family night

3 'Akeelah and the Bee'

Your whole family will cheer as 11-year-old Akeelah (played by Keke Palmer) works her butt off to get out of her rough South Los Angeles neighborhood and make it to the National Spelling Bee in Washington, D.C.

Best princess pick

4 'Lala-Oopsies: A Sew Magical Tale'

This short movie is full of everything many little girls love: princesses, ballerinas, fairies and mermaids. It's so pink that even the rivers are made of strawberry milk. Since it's only 45 minutes, it's perfect to put on right before nap time.

Games

'Blue's Clues' creator releases app for kids

Subliminally getting kids to eat their veggies? We're down with that. / PROVIDED

No Candy Crush icons here! Children's media company Yummico — founded by "Blue's Clues" creator Traci Paige Johnson — recently released a new app turning learning healthy eating habits into a fun game for kids.

Yummiloo Rainbow Power features animated characters called the Yum Yums as they go on food-filled adventures. One of the games kids can play using the app is helping the Yum Yums power a Rainbow Machine by fueling it with healthy foods. This teaches kids what foods will give them energy in real life. It also shows kids the importance of eating a "rainbow" of fruits and vegetables.

The app's primary goal is that the healthy habits kids make for the Yum Yums will spill over into the choices they make for themselves.

Yummiloo Rainbow Power is $1.99 and available for iOS devices.

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TV's hottest dads dish on fatherhood

Our favorite talent competition judges and hosts have perfected keeping a straight face, but when it comes to opening up about kids, these guys turn to mush. **MAJA LUNDAGER**

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See more at www.metro.us

Harry Connick Jr.

"American Idol" judge and father to Georgia, 17, Kate, 15, and Charlotte, 11

How do you balance family time with your new responsibilities as an "American Idol" judge?
I have a manager that I've been with since I was 18 and she's really good at carving out time for work and for family. These last few months have been tough. I'm filming a movie, I was on tour and "Idol" was going on. ... I wish I could be with them every day, but they know I have to work and they support me, so no complaints.

Mario Lopez

"The X Factor" host and father to Gia, 3, and Dominic, 3 months

How did your daughter react to her new brother?
At first, it took some adjustment. She was like, 'Hold on, is this kid gonna stick around?' Now she's a really protective, good sister."

Simon Cowell

"The X Factor" judge and father-to-be

As a father-to-be, are you going to be as tough on your son as you have been on "The X Factor"?
I hope that I can have the same relationship I had with my dad. He wasn't someone who was a great disciplinarian. We had a fun relationship. He gave me really constructive advice in my life, which I still carry today and pass on to other people. So if I can have the same relationship with my son as I had with my dad, then I think he'll be very happy and I'll be very happy.

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Horoscope

♑ Capricorn | Dec. 22-Jan 20. What you offer friends and family will bring you greater love. Your skills and business sense will garner additional popularity.

♒ Aquarius | Jan. 21-Feb 18. The more you can pack into your day, the better you will feel. Speak up and share your plans. There is an increase in your earning potential.

♓ Pisces | Feb. 19-March 20. Your imagination and insight will help you suggest ideas that will raise your profile and enhance your reputation.

♈ Aries | March 21-April 20. Avoid temptation. Overspending will cause stress. Concentrate on what you can do for others building better relationships.

♉ Taurus | April 21-May 21. Raise your profile to ensure that you will be considered for a project. You need to attract positive attention if you hope to be chosen.

♊ Gemini | May 22-June 20. Keep talking until you get your point across. Your ideas are good, and your ability to bring about change will enable you to make a difference.

♋ Cancer | June 21-July 22. Control your emotions and protect your relationships. Anger is the enemy. Build a solid base and choose quality over quantity.

♌ Leo | July 23-Aug. 22. Secrets may cost you if you don't participate. Offer your skills, courage and strength in order to turn an idea into a reality.

♍ Virgo | Aug. 23-Sept. 22. Network, share your thoughts and show your strengths. Speak from the heart and present what you have to offer with clarity and persistence.

♎ Libra | Sept. 23-Oct. 22. You'll be criticized if you don't finish what you start. Take a stance, even if you don't feel prepared. Decisive action will help you overcome a stalemate.

♏ Scorpio | Oct. 23-Nov. 21. Complete anything that has been left undone. An unusual change at home will turn out to be a creative and fruitful choice.

♐ Sagittarius | Nov. 22-Dec. 21. You may be anxious to make a financial move, but proceed with caution. Revisit what's happened in the past. **BERNICE BEDE OSOL**

Sudoku: Easy and hard

			1	8	4		2	
7	6		3		5			4
8				6				
		5				8	6	
	8			3			5	
	7	2				4		
				7				6
6			5		8		3	9
	4		6	1	2			

	1		6		7	8		
6				5	9			3
	2	9		3				
	4	8				7		
5								4
		1				5	3	
				6		3	8	
4			7	1				2
		7	3		2		5	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

You get what you vote for, America

Re: 'Bad economics' (Metro, Jan. 10-12)
Letter writer Alton Lee and every American citizen should remember that no matter how dishonest, corrupt, incapable and incompetent our government is, no politician gets into office without being voted for.

When elected, their only interest is being re-elected. Blame the voters who tolerate this and return all politicians to office.

America needs voters of insight and wisdom and not non-thinking morons who just pull election booth levers.

Americans deserve the government they vote for. Blame the voters!

KENNETH STARR, VIA EMAIL

Serf's up in the USA

Re: 'Bad economics' (Metro, Jan. 10-12)
After reading the recent letter about the need for economic freedom, I get the feeling that the writer would be very happy if people were free to contract themselves into serfdom as they could in Europe centuries ago.

ALAN R. BROWN, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

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8 Alarm
12 Sheik's bevy
14 Somersault
15 — —hungry I could . . .
16 Fridge maker
17 Places, to Pliny
18 Muscle quivers
19 Fixed software
21 Mr. Nielsen
23 "Where Eagles Dare" actress
24 Sandwich order
25 Frozen wasser
26 Young cow
30 Coup de —
32 Diplomat
33 Halloween wear (2 wds.)
37 No-hitter king
38 Deceitful cunning
39 Keep under wraps
40 Park amenity
42 Discussion group
43 South Sea isle
44 Faint traces
45 Sit-ups strengthen them
48 — Nimitz
49 Mobster's piece
50 Dormant
52 Priests' domains
57 Walked heavily
58 Mother of Horus
60 Tennyson's Arden
61 Beside oneself
62 Grab a cookie
63 After
64 Depend on
65 Region of India
66 Dappled

Down
1 Large herring
2 Glittery fabric
3 Dashing horse
4 Bill of fare
5 Grind away
6 Razor brand
7 Tanker catastrophe
8 Things to throw
9 Rousseau opus
10 PC character code
11 Romantic offering
13 Tequila cactus
14 Go on the lam
20 Watchdog's warning
22 Write on glass
24 Turbot cousin
26 Dagwood's neighbor
27 Gaelic pop star
28 John, in Siberia
29 Workout name
30 Cook over charcoal
31 Hawke of "Gattaca"
33 Coal and gas
34 Building add-on
35 — fixe
36 Sets
38 Writing without credit
41 Blow away
42 Feels for
44 La Brea — pits
45 Vows venue
46 Boat on a canal
47 Piano seat
49 Bad cut
51 Tense
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54 Hagar's daughter
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56 Discard
59 Great Lake canals

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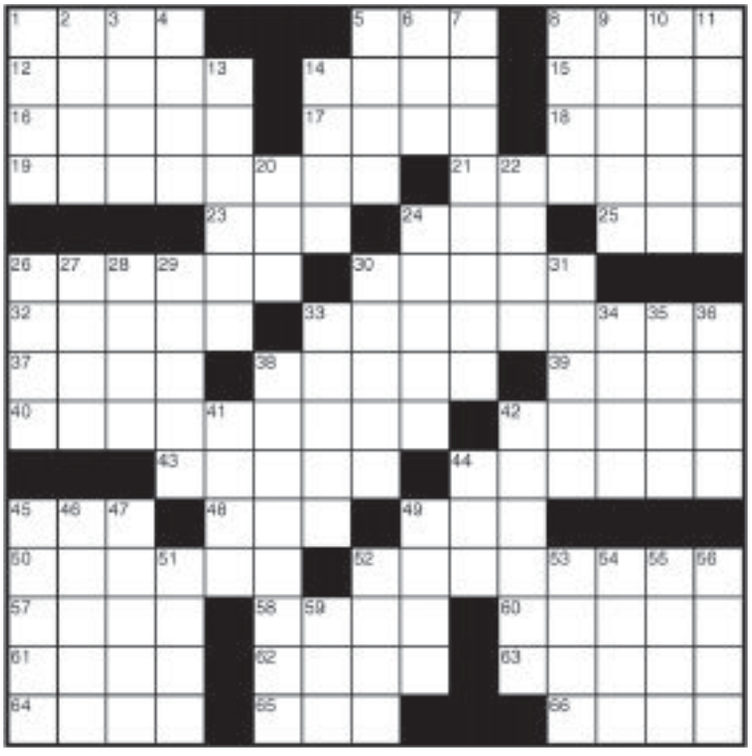

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Namath: People hate Brady due to jealousy

NFL playoffs.
The Jets' iconic quarterback knows what Patriots QB Tom Brady is going through after living it 40 years ago.

Namath is no stranger to being hated by opponents due to his flamboyant personality — and style. / GETTY IMAGES

Joe Namath, perhaps the most iconic quarterback of his or any generation, feels for Patriots quarterback Tom Brady.

Last week, Brady was named the most hated quarterback in the NFL by Public Policy Polling, taking 18 percent of the vote. And that was before he led the Patriots to another AFC Championship game appearance this weekend — his eighth in 12 years as a starting quarterback for the Patriots. But count Hall of Fame quarterback Namath, who had his fair share of critics for his off-the-field lifestyle, as a backer of Brady.

Namath points to Brady's resumé, one that will surely take him to Canton someday, as a reason for the hatred. Nine Pro Bowls, three Super Bowl rings and supermodel wife Gisele Bundchen are enough to raise more than one jealous eyebrow.

"I think he looks at his wife's pictures in the magazines and holds her hands more than he reads his own press clips," Namath said in a phone interview last week. "It is the wins No. 1, then because he is so visible [why he is disliked]. It is human nature to want that success and want to see your own quarterback succeed."

Namath could see why Brady might not be so popular around the league. There is the success, the covers on national fashion magazines and the aura surrounding his glamorous lifestyle.

The former Jets star, nicknamed "Broadway Joe," made headlines in New York for his numerous high-profile romances, Hollywood acting and his bell bottoms and fur coat on the sideline.

"Opponents having to play against Brady, have to be legitimately angry seeing his smile on the sideline after touchdowns," Namath said. "It's kind of a compliment to be disliked by so many opponents. It comes from winning first."

KRISTIAN DYER
sports@metro.us

Title games preview

In just five days we'll know the two teams meeting at MetLife Stadium in the Super Bowl on Feb. 2.

- **AFC Championship**
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  Jan. 19, 3 p.m., CBS
- **NFC Championship**
  49ers at Seahawks (-3.5)
  Jan. 19, 6:30 p.m., FOX

Going to court

Rodriguez sues MLB over ban

Alex Rodriguez and his representatives followed through on their promise to take his suspension to court on Monday.

They officially filed suit in U.S. District Court, alleging arbitrator Fredric Horowitz was biased in his ruling last Saturday when Rodriguez was banned for the entire 2014 season.

"[Horowitz] ignored the clear disciplinary action of the [Joint Drug Agreement]," the complaint reads. "Accordingly, the Arbitration Award is not legitimate as it does not draw its essence from the JDA or [Collective Bargaining Agreement]."

According to reports, legal scholars say the chances of the suit succeeding are very slim. METRO

3 SPORTS

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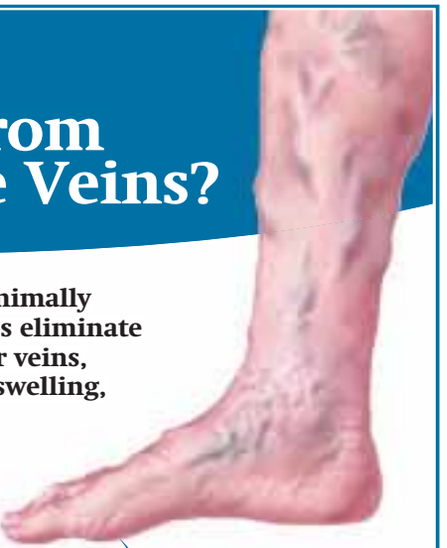

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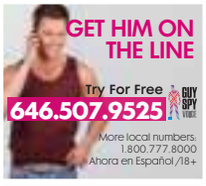

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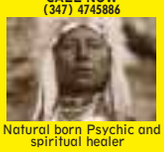

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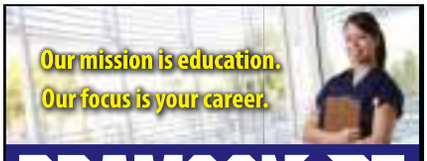

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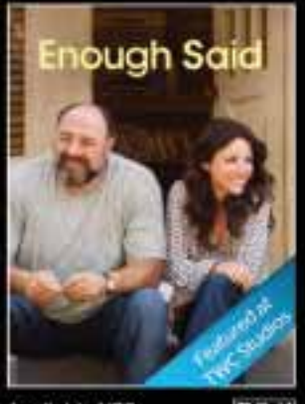

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